

Eric Serrano, M.D. Family Practice Physician

Licensure:

- Board Certified: 1994 – 2000, 2001-2008
- Diplomate, National Board of Medical Examiners: July 1992
- Ohio State Medical License: 1992- present

Teaching and work:

- Ohio State University – assistant Professor for Family Practice, intensive care unit.
- Professor of the Year at OSU 2000-2001 Medical School
- Attending of the Year at OSU 2001-2002 Medical School
- Attending of the year at OSU 2001-2002 Family Practice
- Grant Medical Center- Obstetrics professor for Grant Medical Center Family Practice

Professional Society Memberships:

- American Academy Of Family Practice
- Ohio State Medical Association
- National Strength Conditioning Association
- American Medical Association
- American College Of Sports Medicine
- Kansas Medical Society, 1987-1991

Residency and Medical education:

- Grant Medical Center Residency: June 1991 - June 1994
- University of Kansas Medical School: August 1987 - May 1991
- Kansas State Graduate program: Exercise Physiology, August 1986 - May 1987
- Kansas State Bachelors Degree: Biology

Special Interests:

Sports Medicine, Weight lifting, Obstetrics, Exercise Physiology, Nutrition, Teaching, Exercise Stress Testing

Work Experience:

- Serrano Family Practice: July 2002 – present
- Ohio State University Family Medicine Department: October 1999 – June 2002
- Pickerington Health Center: July 1998 – September 1999
- Ohio Health office at Hill Road Health Center: August 1994 – July 1998

References: Furnished upon request

Bibliography:

- Editor for Sports Supplements Book by Jeff Stout and Jose Antonio
- Medical advisor to QUARX/Life publication- Iron concepts, Center for Exercise
- Research, Kansas State University 1992- 1993, Volume I and II
- Diuretic Induced Dehydration, Hyperkalemia and Rhabdomyolysis in a Competitive Body Builder, Sturmi, M.D., Serrano, M.D.; Case Presentation at 2nd Annual Meeting of the American Medical Society for Sports Medicine, 1993

- Anabolic Steroids and DIC- case presentation. Serrano Eric MD, Street Chris
- Contributor for the book Sports Supplements and Foreword author
- Lecturer and Consultant for multiple athletes and teams including
- Life Time achievement award 2005 – 2006 Swiss Conference
- 2005 ACAM National Convention speaker
- 2004 Columbus Orthopedic Symposium
- SWISS Symposium-2002, 2004
- SWISS Symposium 2000 and 2001
- Arnold Classic MD
- Consultant for multiple baseball, hockey and weight lifting athletes and teams
- Medical Director of three websites
- Medical Editor of Sports Performance Newsletter
- Creator of multiple supplements including Ultra Size, Fat Reduce, and Alpha Omega-3, Muscle Synthesis and MR100
- Contributor for Muscle and Fitness, Flex, Planet Muscle, Health, and multiple magazines
- Lecturer for multiple universities for Nutrition, Fitness, Sports Medicine, Injury Prevention, and Rehab
- Editor for The Serrano Newsletter website
- 2nd Annual Obesity Conference main lecturer

Check web sites including: <http://www.infinityfitness.com/>, <http://www.exrx.com/>, and www.planetmuscle.com